

# **Testimonials & Recommendations**

## Personal Coaching / Career Coaching / Expat Partner Support

"I met Viara through a local community. She is a very kind, open and caring person who offered to help me last year as a coach. Whilst I was skeptical at first, I thought I'd go along for the ride.

The reality at the time was that I was in a bit of a rut, but was mainly in self-denial about it. I was looking for a job, having relationship and fitness issues, and potential money issues were looming. Viara assisted me particularly with objectively looking at the various aspects of my life, and helped me question my goals (of which I had little) and where and who I was. She helped me redefine my goals, and help set about small achievable tasks. Her manner was extremely supportive and non-judgemental throughout all time.

Importantly, she was particularly supportive and spent considerable time with me when I was doing job interviews. She got me to believe in myself again and be proud of my previous achievements. Most of all, she helped me find a confidence that I had almost forgot I had. Within a short space of time, I landed a fantastic job which I still love one year later, and even received a decent pay rise within 3 months. My self-esteem, confidence and optimism have risen considerably.

I cannot express enough gratitude for her kindness and support over the last year, as Viara helped me to get where I am today and become a new and better me. I would recommend Viara to anyone who wishes to transform their own life as I have done. "

#### Mike C. from Sydney, Australia, 2016

"Den Job bei der Unternehmensberatung in der Schweiz gekündigt. Start in die Selbständigkeit in einer neuen magischen Welt in Ostafrika. Alles Alte raus, willkommen Neues! Aber wo starten? Die Arbeit mit Viara als Coach hat mir Klarheit verschafft. Sie hört zu, zeigt Alternativen auf und pflanzt neue Ideen. Viara hat eine Fülle an psychologischem Wissen und beherrscht ein Spaktrum an Methoden, um das Problem zu entschlüsseln. Dabei hat sie mir nie Ratschläge gegeben sondern stets mit Fragetechniken und Übungen meine Selbstreflexion angeregt.

Da ich mich selbst als eine starke und extrovertierte Frau sehe, fiel mir die Arbeit mit einem Coach anfangs nicht leicht. Doch arbeiten mit Viara hat meine Meinung komplett geändert. Zusammen haben wir vergangene Schlüsselerlebnisse ergründet, meine Mission erarbeitet und neue Ziele definiert. Anspruchsvolle Themen waren mit Viaras Hilfe nicht nur machbar, sondern haben sogar richtig Spaß gemacht. Viara hat eine lockere, vertrauensvolle Art bei der man sich sofort wohl fühlt. Sie war immer für mich erreichbar, hat sich viel Zeit

genommen, war stets vorbereitet und überrascht öfter mit Empfehlungen für Podcasts, Videos, Links oder Zitat, die gerade zum Thema passen und zum Nachdenken anregen.

Danke Viara – für Deine maßgeschneiderte Unterstützung, die ich jedem ans Herz lege, der sich persönlich entwickeln möchte!"

#### Astrid K. from Germany, now in Africa, 2017

"My experience with Viara Richter was nothing short of outstanding. She had the ability to connect with me and assess my needs as an expat spouse living in four foreign countries in the last 15 year that had given up my career as an architect in the US. She provided me support, guidance and online resources that allowed me to expand my insight on how to make the most out of these circumstances.

Over the course of several weeks, Viara challenged me with assignments of self-reflection and future aspirations, motivating me to re-engage in my field of study and my career as an architect.

I would highly recommend Viara.

#### Maria M. from Argentina, now in Melbourne, Australia, 2017

"The support of Viara has been very helpful for me. I've really enjoyed working with her. I was kinda new to the whole job searching and she's taught me so much about it. Also she sent me messages to ask for updates if I wasn't getting in touch with her, which helped me to stay on top of my game."

#### Renee B. from Netherlands, now in Germany, 2018

"Viara is an enthusiastic and really professional coach. Her enthusiasm was helpful, engaged and she has been really a support and I can say that without her help I wouldn't have found a position on the German labor market. I cannot forget her humanity and friendliness that sometimes we need when we are in an ambience different from our homeland."

#### Dolores C. from Spain, now in Germany, 2018

"Although I haven't successfully secured a job yet, Viara is a very professional career coach. She is capable to explain the German job market situation and guide me step by step, from CV design to various interviews preparation. She is also very courageous and sympathetic during the coaching period. She responds very fast whenever I need support. Unfortunately the period of the job coaching is only limited and given the importance of German proficiency in the German job market, it took much more time to seek a job, especially the time to learn the basic level of German language.

## Nicole H. from Hong Kong, now in Germany, 2018

"Professional support, nice person to work with, highly recommend'

## Monika K. from Poland, now in Germany 2018

- Help on structuring my comments and cleaning my answers in a more efficient way
- Helpful and useful
- Easy to talk to, very communicative and good listener.
- Gives a clearer vision of the situation from another perspective.

## Adria B from Spain, now in Germany, 2017

"The meetings with Viara were useful and interesting. It was a great help to prepare my interviews in English. She has a good scope of training questions".

## Romain A. from France, now in Germany 2018

"I loved Viara! Her help with my LinkedIn profile has helped me greatly. I got a job because of that."

## Todd B. from USA, now in Germany, 2018

"Very empathic coach. Quickly addresses the questions and responds to any queries. Has latest valuable insights into job market. Honest, straightforward and with lots of 'infectious' positive energy"

Katarzyna J. from Poland, now in Germany, 2019